Excerpt from Michelle Lopez, CLS 1300

* My Statement on Your Basic Needs**.** If you suffer extenuating circumstances during the semester that you feel will prevent your successful completion of this course, please inform me *immediately* as things occur so I can work with you to problem. My goal is to help you succeed. If at any point during the semester you face challenges securing food, housing and/or your physical safety and you believe this may impact your academic presence and performance, I urge you to contact any of the following campus entities for immediate support.
* **Cal State LA Student Health Center: Counseling and Psychological Services (CAPS)** – Provides confidential and non-judgmental help with your personal growth and psychological wellness, specializing in mental health services.
  + **Website:** [Counseling and Psychological Services Website](https://www.calstatela.edu/studenthealthcenter/caps)
  + **Phone:** (323) 343-3314
  + **Email:** [caps1@calstatela.edu](mailto:caps1@calstatela.edu)
  + **Location:** Student Health Center, Station 4(2nd floor)
* **Erika J Glazer Family Dreamers Resource Center** – Supports undocumented students through a number of programs and services aimed at ensuring academic, emotional, and personal well-being.
  + **Website:** [Dreamers Resource Center Website](https://www.calstatela.edu/gfdrc)
  + **Phone:** (323) 343-4367
  + **Email:** [gfdrc@calstatela.edu](mailto:gfdrc@calstatela.edu)
  + **Location:** Student Services Bldg., 4th floor, Room 4310
* **Cal State LA Student Food Pantry** – Offers students a pre-filled bag of groceries every week for pick-up.
  + **Website:** [Food Pantry Website](https://www.calstatela.edu/deanofstudents/cal-state-la-food-pantry)
  + **Phone:** (323) 343-3103
  + **Location:** University Student Union Room 308
* **CalFresh Outreach Center** – Helps guide students through the entire CalFresh application process, including determining the eligibility to apply.
  + **Website:** [CalFresh Outreach Center](https://www.calstatela.edu/deanofstudents/calfresh-outreach-center)
  + **Email:** [calfreshoutreach@calstatela.edu](mailto:calfreshoutreach@calstatela.edu)
  + **Location:** Student Services Building, 4th floor, Room 4380
* **Office for the Dean of Students** – Offers a variety of services such as the technology loan programs, emergency financial and housing assistance, and basic need support.
  + **Website:** [Dean of Students Website](https://www.calstatela.edu/deanofstudents)
  + **Phone:** (323)343-3103
  + **Email:** [deanofstudents@calstatela.edu](mailto:deanofstudents@calstatela.edu)
  + **Location:** Student Services Bldg., 4th floor, Room 4380